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## May Flowers for Our Lady

1. Offer a fervent prayer to Our Lady that you may avoid sin and grow in virtue during her month.

*Virgin Mary, grant that I may always please your beloved Son, Jesus.*

2. Resolve to pray the daily Rosary more attentively today.

*Virgin Mary, Queen of the Most Holy Rosary, let me always be devoted to you.*



3. Make the Sign of the Cross with faith and devotion, using Holy Water if possible.

*Virgin Mary, let me never become careless in my acts of worship.*

4. Say a prayer to St. Joseph, the Spouse of the Blessed Virgin Mary.

*Virgin Mary, help me to be devoted to St. Joseph.*

5. Ask Our Lady to help you be generous with your time and money.

*Virgin Mary, make me love and imitate your virtues.*

6. Obtain a medal of Our Lady and wear it with devotion.

*Virgin Mary, receive me under your mantle and shield me from all evil.*

7. Before Our Lady's altar or statue, ask for light to see and correct your sins and faults.

*Virgin Mary, help me to know myself.*

8. Calmly and firmly turn from distractions during your prayers.

*Virgin Mary, obtain for me the gift of piety.*

9. Honor Our Lady by making an act of self-denial during a meal.

*Virgin Mary, Queen of Martyrs, strengthen me.*

10. Be a good example to others in your words by speaking kindly and politely.

*Virgin Mary, help me to acquire the virtue of meekness.*

11. On rising in the morning, pray three Hail Marys to obtain the conversion of sinners.

*Virgin Mary, Refuge of Sinners, draw all hearts to Jesus.*

12. Ask Our Lady for the grace to love and practice holy purity in all your words and actions.

*Virgin Mary, Mother Most Pure, pray for us.*

13. For Our Lady's sake, bear patiently with the faults of others.

*Virgin Mary, kindle in my heart the fire of charity.*

14. Do not take offense if you are treated inconsiderately or unkindly.

*Virgin Mary, grant me the grace to become humble.*

15. Listen attentively to the sermon and firmly resolve to carry out the priest's suggestions.

*Virgin Mary, grant that the Word of God may always bear fruit in my soul.*

16. Go out of your way to say something positive or encouraging to a relative or co-worker.

*Virgin Mary, help me to use my words for the good of my neighbor.*

