
The World under Our Feet

To save our souls, we must also put the world under our feet. In other words, we must avoid the occasions of sin – those people, places, and things, such as impure movies, internet and music, that could lead us into sin. We can also practice self-control and self-denial in regard to material pleasures and goods. Don Bosco reminds us: “I’m not in this world only to enjoy, become rich, eat, drink, and sleep as the beasts do. My goal is to love my God and to save my soul. I must do everything and suffer anything in the quest for salvation.”

The Quest for Salvation

Let’s make the salvation of our souls our primary concern during this New Year and throughout our life. Let’s do all that we can to increase and maintain a spiritual viewpoint, to cultivate a fervent prayer life, and to conscientiously avoid sin and its near occasions. In this way we will put into practice the crucial direction of St. John Bosco: “Whoever wants to save himself has to put the thought of eternity in his head, God in his heart, and the world under his feet.”

In the Sacred Heart,

Mother Mary Bosco, F.M.

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Students of St. Anne's Academy in White Bear Lake, MN, enjoy a field trip with their teacher.



The Sisters conduct a Ladies' Day of Recollection at St. Anne's Church in Minnesota.
