

The Morning Offering

O Jesus, * through the Immaculate Heart of Mary, * I offer Thee all my prayers, works, joys, and sufferings of this day, * for all the intentions of Thy Divine Heart, * in union with the Holy Sacrifice of the Mass throughout the world, * in thanksgiving for favors received, * in reparation for my sins, * and in humble supplication for my temporal and eternal welfare, * for the needs of our Holy Mother the Church, * and for the conversion of sinners. I intend to gain all the indulgences I can; * I place them in the hands of the Blessed Virgin Mary * for the relief of the Poor Suffering Souls in Purgatory.

